



Happy



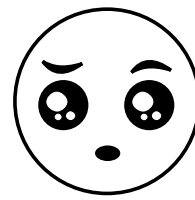
Angry



Excited



Worried



Curious



Sad

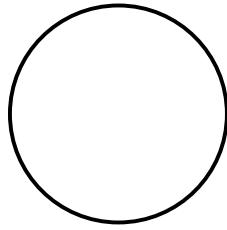


Confused

How do I feel today?

Right now, I feel...

(Draw your feeling in the circle)



I think I feel this way because...



Surprised



Calm



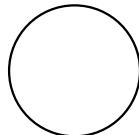
Upset



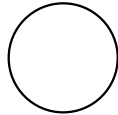
Afraid

How big is this feeling?

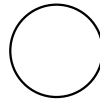
(Colour in the circle that fits best)



Really Big



Big



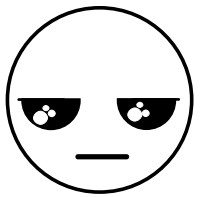
Not big or small



Small



Really Small



Bored



Unwell

This feeling makes me want to...



Silly



Embarrassed

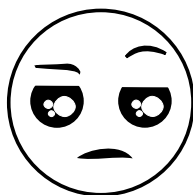
When I feel this way, I can...



Lonely



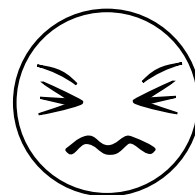
Grateful



Jealous



Shy



Frustrated



Loved



Tired

zzz